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negative sentiment override. Things which happen get interpreted with the hue of the vector of the sentiment override. In positive sentiment override: things are more seen within a

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positive light whereas in negative sentiment override, things are seen increasingly negative. For example, in.

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period of years has allowed him to observe the habits that can make—and break—a marriage.

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## **John Gottman - Wikipedia**

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John Gottman's Seven Principles for Making Marriage Work provides in detail the ways in which a person could have a

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healthy marriage and by extension the principles also generally apply to romantic relationships in general and perhaps even just friendships. I'll put this principles in my own words to make them more perspicuous; you can read the book if you want his words.

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