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Book 1

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to create awareness  
around Oncofertility,  
help start  
conversations about  
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for cancer patients.  
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provide reproductive  
health education for all  
and to empower  
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She recently helped develop cycle-tracking software as an adjunct to her book, *Taking Charge of Your Fertility*. The Ovusoft Fertilit Toni Weschler is a nationally respected women's health educator and speaker with a master's degree in Public Health.

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Learn... 2. Get Testing  
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no success, testing  
would be the... 3. Eat

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Prelude prefers to see it as empowering. Its tag lines include:

"Knowledge is reproductive power" and "It's time to take charge of your fertility." But then comes the implicit warning. Hitting a cliff "The reality of the situation is we are losing our fertility in the late 20s and we hit a cliff at 35," Prelude's Hertzberg told me.



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about your fertility plan  
and understand what  
plan works for you.

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**Fruitful Way Blog -  
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Fertility explains  
everything the

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prospective parent may need to know as they face the physical, emotional and practical challenges of trying for a baby.

**Take Charge Of Your Fertility: Teach Yourself by Heather**

...  
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Mar 15, 2018 In a previous tip, I talked

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face the physical,  
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trying for a baby

Covering health issues  
in full, this guide

ranges from basic  
biology and an

explanation of fertility  
and cycles to outlining  
what...1

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ways you can enhance  
your fertility naturally.  
You will learn how your  
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