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### **Rewriting Family Scripts Improvisation And**

5.0 out of 5 stars Rewriting Family Scripts:Improvisation and Systems Change. Reviewed in the United Kingdom on April 19, 2014. Verified Purchase. This is a must have if you are studying family therapy/systemic practice - it will help with your client/family work but also in all the hand-ins and case studies.

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Such scripts can be altered, however, when therapists help

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clients learn to improvise new patterns of relating. This book presents an innovative approach to doing just that--incorporating into therapy elements of script theory Families can develop self-destructive routines so predictable that members seem to be following a script each coming in on cue as the plot unfolds.

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John Byng-Hall, M.D. New York: Guilford Press, 1995. From Sigmund Freud's description of "repetition compulsion" down to contemporary times, practicing psychotherapists have noticed, theorized about, and devised interventions to alter the recursive stuckness of dysfunctional human ...

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incorporating into family therapy elements of script theory and recent findings in attachment research, including those related to narrative.

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The systemic concept of family scripts can provide a framework that encompasses all family functions, including attachment, which may be called family attachment scripts. The definition of a family script is the family 's shared expectations of how family roles are to be performed in various contexts ( Byng-Hall, 1995 , p. 4).

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